



## **Ballet Class Eligibility Chart**

***Music in Motion Angus is a Royal Academy of Dance Certified Studio.***

***We follow the RAD Curriculum and Terminology.***

(NOTE: RAD is an internationally recognized curriculum. Our studio understands that there are other Curricula and we will honour any internationally recognized Ballet Curriculum. Eg. If a student is trained in Vaganova Method, we will honour that.)

When our Dance Teachers are preparing Classes our primary focus is to provide an environment that is best for each student's development. We don't want students in a Class that is too easy because they will get bored. Also, we don't want students in a Class that is too difficult because they will get frustrated AND may get injured. We have absolutely no intention to "insult" students.

*To Be Clear:* If a dancer thinks that she/he should be in Ballet 4, but the Eligibility Requirements suggest that they should be in Ballet 3, that is NOT a demotion or a failure. That is putting the dancer in the Class that is BEST FOR THEM. In addition, if a dancer starts in a Class and shows measurable improvement, we would be happy to consider moving them up a Level in January.

*NOTE:* During the first month of Classes, Teachers will be evaluating students to ensure they are in the best Level for their success. As a result, Teachers may recommend that some students move to a different Level.

*Competition Team:* Ballet is mandatory for Competition Team students who wish to participate in dance solos.

***We recognize that some young people have physical and/or mental challenges or disabilities. Our Staff is prepared and willing to adjust the Curriculum if needed to meet the needs of particular dancers.***

***Etiquette: All Ballet Dancers are expected arrive ON TIME, wearing the Required Dancewear with hair in a BUN, ready to fully participate in ALL exercises.***

### **Pre-Primary Dance**

This Class is designed to teach pre-school age children class expectations, such as being able to enter the classroom without parents, get used the Dancewear required for ALL dance classes, to socialize them in class setting, feeling comfortable inside the class with our Qualified Teacher and Jr Assistants, participating in class exercises, and exposing them to different styles of music. They will start to learn basic terminology and choreography.

Requirements:

- O 2 -4 Years Old (or close too)
- O Walking

### **Primary Ballet**

In this Class dancers will develop a knowledge of specific ballet terminology as used in the RAD syllabus. Using a variety of Classical, Ballet, and Modern Music children will learn different rhythms and patterns of steps. They will learn how to count music and work as a team to create choreography.

Requirements:

- O Must be 4-6 Years old OR completed 2 years of Pre-Primary Dance

### **Ballet 1**

In this Class dancers will develop their knowledge of terminology and steps from the RAD Ballet 1 curriculum. Terminology like Port de bras, Demi-Pliés, Sautés, and Petits Jetés, will be frequent used. Dancers will also start learning 'Character work' which is based on of eastern European styles of dance and costume.

Dancers may participate in In-Studio Evaluations designed to prepare them for RAD Exams. Our Teachers will invite dancers who are prepared to participate in these In-Studio Evaluation (Please note: there is an extra fee and extra class time required to participate in In-Studio Evaluations). (Character skirts and Character shoes will be provided by the studio should the kids be participating in In-Studio Evaluations.)

*Requirements:*

- O Must be 6-8 years old OR completed 1-2 years of Primary Ballet

### **Ballet 2 & Ballet 3**

In these Classes dancers are learning more challenging terminology and choreography, including using the Ballet Barre, Preparing for Grandes Battements, Adage, and Échappes Sautés, and more difficult Character work.

Dancers may now participate in RAD Ballet Exams. Our Teachers will invite dancers who are prepared to participate in RAD Ballet Exams (Please note: there is an extra fee

and extra class time required to participate in RAD Ballet Exams.) (Character skirts and Character shoes will be provided by the studio should the kids be participating in Exams.)

*Requirements:*

- O Must be at least 8 years old OR Completed the previous RAD Ballet curriculum (e.g. to be eligible for Ballet 2 the dancer must have completed Ballet 1, or for Ballet 3 the dancer must have completed Ballet 2.)
- O Are committed to consistent practicing at home

**Ballet 4, Ballet 5, and Ballet 6+**

In these Classes dancers are now entering the performance levels of ballet. Dancers' knowledge of terminology and steps are expand in Barre work, Centre work, Allegro, and Dances. Also, more difficult Character Work is involved.

Dancers may participate in RAD Ballet Exams. Our Teachers will invite dancers who are prepared to participate in RAD Ballet Exams (Please note: there is an extra fee and extra class time required to participate in RAD Ballet Exams) (Character skirts and Character shoes will be provided by the studio should the kids be participating in Exams.)

*Requirements:*

- O Must be at least 10 years old OR completed the previous Level RAD Ballet graded curriculum (e.g. to be eligible for Ballet 4 the dancer must have completed Ballet 3, or for Ballet 5 the dancer must have completed Ballet 4, or for Ballet 6+ the dancer must have completed Ballet 5.)
- O Are taking at least 2 Hours of dance (1 being ballet) PER week (though for Ballet 5 or 6+ 3 Hours of Dance is recommended)
- O Are committed to consistent practicing at home

**Pre-Pointe NEW!**

We are pleased to be offering Pre-Pointe Classes. These Classes are designed to prepare students for the RAD Vocational Grades which requires them to be en Pointe. Being en Pointe requires serious preparation of both strength and stamina. It is not for the faint of heart. Pre-Pointe is open to both Female AND Male dancers. This is a strength and conditioning class, most of what the students are learning will be on Demi-Pointe. There are no Exams for this Class.

NOTE: Dancers will ONLY be invited to move to Pointe Shoes when the Teacher thinks they have sufficiently developed their strength and stamina. The Teacher may suggest that a Dancer purchase 'Soft Pointes' to help with strength development.

*Requirements:*

- O Must be at least 10 Years old

- Teacher thinks the dancer has developed sufficient strength and stamina
- Must be in Ballet 4, Ballet 5 or Ballet 6+
- Must be taking at least 2 hours of dance (1 being ballet) PER week
- Are committed to consistent practicing and condition at home

***We understand the Pointe Shoes are expensive. Please speak to the Teacher before you consider buying Soft Pointes or Hard Pointe Shoes.***